



• WHEN PIGS FLY •

House-made fried chicken

- orange-infused waffles
- bacon-thyme 100% real maple syrup **12**
- make it a whole waffle & double syrup **16**

SMALL PLATES

CUP OF SOUP roasted red pepper tomato bisque **4.50**

MAC & CHEESE cavatappi noodles • gruyère • sharp white cheddar • bread crumbs **6.5** add bacon **+3**

GREEN BEANS or **BROCCOLI** fresh lemon juice • fresh garlic **6**

CHICKEN SLIDERS house fried with honey mustard or bbq pulled chicken • house pickles • red onions **9**

ORGANIC CRISPY POLENTA (4) polenta cakes • cheddar cream cheese • jalapeños • corn • tomatillo sauce **9**

BRUSSELS SPROUTS fresh orange juice • fresh garlic • shaved parmesan **9**

GRILLED SKEWERS steak* • chicken or tofu • grilled veggies • pickled vegetables • choice of sauce **12**

SALADS

all dressings made in-house: lemon garlic, greek, balsamic, ranch & our seasonal dressing
add quinoa or bacon **+3**, organic tofu or chicken **+5**, shrimp, steak or salmon **+6**

THE 415 romaine • house-made croutons • garlic lemon dressing • shaved parmesan half **7** | full **9**

CAESAR romaine • shaved parmesan • house-made croutons • house-made caesar dressing half **7** | full **9**

GREEK SALAD greek olives • feta • tomato • red onion • organic greens • cucumber • garbanzo beans • greek dressing
half **9** | full **14**

ROASTED BEET SALAD crispy goat cheese • beets • candied hazelnuts • organic greens • house-made balsamic dressing
half **9** | full **14**

QUINOA BOWLS

add bacon **+3**, organic tofu or chicken **+5**, shrimp, steak or salmon **+6**

THE MED BOWL quinoa • feta • red onion • tomato • garbanzo beans • roasted squash • zucchini • red peppers
• cauliflower • spinach • lemon aioli **14**

THE ROASTED BEET BOWL quinoa • roasted beets • roasted yams • pistachios • fresh chevre • spinach
• honey mustard **14**

BBQ CHICKEN BOWL quinoa • pulled BBQ chicken • avocado • roasted squash • zucchini • red onion • red peppers
• cauliflower • spinach • sriracha aioli **16**

HOT SANDWICHES

your choice of a cup of soup, side 415 salad or pomme frites
upgrade your side! broccoli, brussels, small beet
salad or small greek salad **+3**

415 BURGER kobe beef* • bacon • sharp cheddar • arugula • tomato • roasted garlic aioli • brioche bun **15**

BLT four strips of bacon • arugula • tomato • maple aioli **14**

LUNCH PAIL grilled chicken • mozzarella • arugula • tomato • pesto **15**

LEFT EARLY egg • cheddar • tomato • basil • cream cheese • kale **13**

THE GIMMIE steak • roasted red peppers • cheddar • arugula • sriracha aioli **15**

PROVINCIAL brie • caramelized onions • arugula • house-made blueberry jam **13**

MAS POR FAVOR avocado • cheddar • tomato • jalapeños **14**

PIZZA

MARGHERITA tomato • basil • mozzarella • house • pizza sauce **13**

PEPPERONI nitrate free pepperoni • mozzarella • house pizza sauce **13**

PESTO organic arugula • roasted red pepper • house cheese mix • pesto **15**

SOUTHWESTERN chorizo • red bell peppers • roasted corn • cheddar • cilantro • green chile crema **16**

THE JUST house cheese mix • pizza sauce **12** | kid pie **6**

THE WOODLAND caramelized onions • fresh wild mixed mushrooms • dried figs • goat cheese
mozzarella • balsamic glaze • chard & kale • garlic & olive oil base **19**

MAINS

SHRIMP & GRITS shrimp • sautéed greens • organic polenta • roasted red pepper sauce **23**

SPICY GRILLED CHICKEN half pound of chicken breasts • sautéed greens • herbed roasted potatoes • spicy citrus jalapeño sauce **19**

PAN SEARED SCOTTISH SALMON dijon mustard maple glaze • lemon quinoa • brussel sprouts **23**

BLACKENED CAULIFLOWER blackened grilled cauliflower • sautéed greens • organic polenta • roasted red pepper sauce **17**

GRILLED ORGANIC TOFU mix grilled veggies • herbed roasted potatoes • bbq sauce **16**

Consuming raw or under cooked meats, poultry seafood, or eggs may increase your risk of food borne illness
these items are served raw or under cooked, or contain, raw or under cooked ingredients